



2016 Behavioral Health HEDIS® Measures

Date: August 5, 2016
To: Passport Behavioral Health Practitioners, PCPs, and Comprehensive Care Centers

Background

The 2016 Behavioral Health HEDIS® measures address children, adolescents, and adults who are prescribed antipsychotic medications. (Please see [HEDIS 101 for Provider Education 2016](http://passporthealthplan.com/hedis-101-provider-education-2016) at <http://passporthealthplan.com/hedis-101-provider-education-2016>).

For members age 1 to 17, HEDIS measures focus on metabolic monitoring, outpatient services concurrent with antipsychotic medication, and children and adolescents being on one antipsychotic medication at a time. The measures we are looking at include:

- Use of First Line Psychosocial Care for Children and Adolescents on Antipsychotics (APP) - assessing if children/adolescents received outpatient treatment prior to the initiation of antipsychotic medication. In 2015, the total number of Passport members affected by this measure was 837 and our final rate was 67.86.
- Metabolic Monitoring for Children and Adolescents on Antipsychotic Medication (APM) - assessing if children/adolescents had an LDL and A1c completed while on antipsychotic medication. In 2015, the total members affected by this measure was 2,126 and our final rate was 34.62.
- Use of Multiple Concurrent Antipsychotics in Children and Adolescents (APC) –assessment of how many children/adolescents are on two or more concurrent antipsychotic medications. In 2015, the total members affected by this measure was 252 and our final rate was 3.57.

For members age 18 to 64, HEDIS measures focus on a minimum of annual screenings for diabetes and cardiovascular issues.

- Diabetes Screening for People with Schizophrenia or Bipolar Disorder who are using Antipsychotic Medications (SSD). In 2015, the total members affected by this measure was 402 and our final rate was 89.3.
- Diabetes Monitoring for People with Diabetes and Schizophrenia (SMD). In 2015, the total members affected by this measure was 72 and our final rate was 58.33.



- Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia (SMC). In 2015, the total members affected by this measure was 8.

Provider Action Needed

When prescribing an antipsychotic medication for a Passport member age 1 to 17, please consider the following:

1. It is recommended that children and adolescents receive outpatient mental health counseling prior to beginning treatment with antipsychotic medication and concurrently with antipsychotic medication. If the child or adolescent is not receiving outpatient mental health counseling discuss these services with the family.
2. Prior to initiating an antipsychotic medication, review family and member histories for diabetes, hyperlipidemia, and cardiovascular disorders.
3. Prior to initiating an antipsychotic medication, get a weight (BMI), waist circumference, blood pressure, fasting plasma glucose, and fasting lipid profile to establish a base line for comparison.
4. Update the family/member history with the weight (BMI), waist circumference, blood pressure, fasting plasma glucose, and fasting lipid profile at least annually to quarterly.
5. Use of multiple antipsychotics concurrently with this age group is discouraged.

Currently, there is little research on the effects of long-term use of antipsychotic medication on children and adolescents. However, in adults, research has shown these medications can cause weight gain, increase in blood sugars, seizures, and obesity. These side effects can lead to an increased risk of cardiovascular issues and/or diabetes with adults. Therefore, careful monitoring of these medications on children and adolescents is recommended.

To improve our rates and comply with the 2016 Behavioral Health HEDIS® measures, please complete and/or refer **Passport's members age 18 to 64** who are on an antipsychotic medication for either a fasting blood glucose or HbA1c and an LDL (calculated or direct) for screening during 2016.

Questions

If you have any questions about these HEDIS® measures please contact Passport's Behavioral Health Provider Services, 1-855-834-5651 or your provider relations specialist.