Diabetic Nephropathy

To:      Passport Health Plan PCPs, ARNPs, and PAs
Date:   February 4, 2016

Background:
Passport’s Clinical Practice Guideline (CPG) calls for at least one nephropathy screening each year for members aged 18 to 75 who have diabetes type 1 or type 2, and ongoing medical attention if a diagnosis of nephropathy has already been made.

Provider Action Needed:
Please document all applicable renal conditions for diabetic members to help Passport better recognize the disease severity for our members.

The criteria for nephropathy screening or monitoring may be met by:
- Documentation of a urine test for albumin or protein, the date the test was performed, and the result.
- Documentation of ambulatory ACE inhibitor medication therapy or ARB medication therapy for a diabetic member that qualify.

Other urine tests that can be performed include:
- Random urine for protein/creatinine ratio
- Urine for albumin/creatinine ration (UACR)
- 24-hour urine for albumin or protein
- Timed urine for albumin or protein
- 24-hour urine for total protein

Educate members that urine nephropathy testing may:
- Detect early signs of kidney disease before symptoms are apparent.
- Prompt treatment to prevent or delay kidney failure.

Passport’s Diabetes Disease Management Program can provide additional support, education, and care coordination to members with diabetes at 1-877-903-0082, press 0 then 8248.

Questions:
If you have any questions, please contact your provider relations specialist, or call Provider Services at 800-578-0775.