2016 Updated CPGs for Asthma and Childhood Obesity

From: Passport Health Plan
Sent: December 5, 2016
To: Passport PCP, General Practitioners, Family Practitioners and Pediatricians

Background:
Passport Health Plan’s (Passport) mission is to improve the health and quality of life of our members. To support your efforts in the care and education of our members, and to reduce variations in diagnosis and treatment, Passport has adopted Clinical Practice Guidelines (CPGs) which are periodically reviewed and approved by our Quality Medical Management Committee (QMMC). Links to all approved CPGs are located on Passport’s website.

Provider Action Needed:
Please review the following summary updates and click on links for full details.

Asthma
The NIH Expert Panel Report (EPR) 3 Summary Report and Full EPR 3 Report 2007: Guidelines for the Diagnosis and Management of Asthma was developed by an expert panel commissioned by the National Asthma Education and Prevention Program (NAEPP) Coordinating Committee, coordinated by the National Heart, Lung and Blood Institute of the National Institute of Health (NIH).

New Link added to website
Asthma Care Quick Reference Diagnosing and Managing Asthma, Guidelines from the National Asthma Education and Prevention Program (NAEPP), EPR 3. This guide summarizes recommendations developed by the NAEPP’s expert panel after conducting a systematic review of the scientific literature on asthma care. Medications and dosages were updated in
Passport Health Plan's Updated Asthma Action Plan

Relevance of this guideline
A significant percentage of the Passport’s members are diagnosed with Asthma. In Kentucky, 10.6% of children 11 years of age and younger, 13.6% of middle school students, 11.8% of high school students, and 18.6% of adults have been diagnosed with asthma.

HEDIS Measures associated with Asthma: Asthma Medication Management & Asthma Medication Ratio. Asthma is also part of Passport’s Chronic Respiratory Disease Management Program, which is a special program for Passport members with asthma and other respiratory problems. To contact the Asthma Respiratory Disease Manager, please call (502) 213-8960.

Childhood Obesity

New Link added to website
USPSTF recommends obesity screening for children ages 6 and up. Published in HealthDay News Aug 9, 2016. In the absence of evidence, health care professionals should continue to take each patient’s individual risks and circumstances in consideration, and use their best judgment when deciding whether or not to screen. The task force is an independent, volunteer panel of experts that makes recommendations about preventative health services such as screenings, counseling, and medications.

US Preventative Services Task Force Recommendation:
http://www.physiciansbriefing.com/Article.asp?AID=713713

Relevance of this guideline
According to the CDC, childhood obesity has more than doubled in children and quadrupled in adolescents in the past 30 years. In a population-based sample of 5 to 17 year olds, 70% of obese youth had at least one risk factor for cardiovascular disease. There were 5,164 Passport children enrolled in the SCORE program during the 2nd Quarter 2016.
HEDIS & Health Kentuckians Measure: Weight Assessment of Counseling for Nutrition and Physical Activity for Children/Adolescents, which measures Height, Weight, BMI percentile, and counseling for nutrition and physical activity.

Passport has a special Health and Wellness Program for overweight children and teens. This program is called SCORE – Shrinking Childhood Obesity with Real Expectation! A SCORE Program education is here to answer your questions and help you make health lifestyle changes. If you have any questions about this program, please call Passport’s SCORE program educator at 1-877-903-0082.

**Questions:**
For any questions about CPGs, please contact Provider Services, 800-578-0775 or your provider relations specialist. If you would like a hard copy of a CPG, please call Passport’s Quality Review Nurse at (800) 578-0603, ext. 8259.