

Audio Health Library – Information at Your Fingertips!

The Audio Health Library is available to help you and your family learn about many illnesses and diseases—24 hours a day, 7 days a week. You can call the “Audio Health Library” and listen to a variety of health topics.

How to Call the Audio Health Library

The Audio Health Library is easy to use! To listen to the health topic, call toll-free 1-800-606-9880.

If you are calling from a touchtone phone:

- Look up the 4-digit number for the topic you want to hear. To find a full list of topics, visit www.passporthealthplan.com. Click on **Using Your Benefits**, then click **Audio Health Library Topics**. If you do not have a computer, please call **1-877-903-0082** and we will mail you a copy.
- Call the toll-free number **1-800-606-9880**.
- Select the option for the Audio Health Library. You will hear the Audio Health Library menu. Follow the instructions to select a topic.
- Listen to the recording. Topics are usually 2 to 5 minutes long.

If you are calling from a dial phone (rotary phone), please stay on the line and a nurse can direct you to a topic. If you are a person with a hearing impairment, please call the Kentucky Relay line at **1-800-648-6057**.

While listening to a topic, you can press the following keys:

- #** to end the call
- 3** to jump forward 6 seconds
- 1** to pause playback
- 1** to restart playback
- 4** to end this topic and enter another topic #
- 2** to replay last 6 seconds
- 7** to replay entire topic