

Stay Healthy, Get Rewarded!



As a Passport member, you can **earn free gift cards** for making healthy choices. We hope you'll take advantage of these rewards, because helping you stay healthy is what we're all about!

Here's How to Start Earning Rewards in 2015!

WHO'S ELIGIBLE	WHAT YOU CAN EARN	WHAT YOU NEED TO DO IN 2015
Members with Diabetes	\$50 gift card	Receive seven (7) diabetes screens (Flu shot, Microalbumin, blood pressure, Foot check, weight with BMI, HbA1c, Dilated Eye Exam). We'll mail you a rewards form. Have your doctor fill out the form and return it.
Females (ages 21 to 65)	\$20 gift card	Get a Pap test. We'll mail you a rewards form. Have your doctor fill out the form and return it.
Females (ages 50 to 75)	\$20 gift card	Get a mammogram. We'll mail you a rewards form. Have your doctor fill out the form and return it.
Teens (ages 8 to 17)	\$10 gift card	Visit your doctor for a well-child visit and get any shots needed. We'll mail you a rewards form. Have your doctor fill out the form and return it.
Pregnant Members	Up to \$110 in gift cards	Earn a \$50 gift card for attending all six (6) prenatal visits. If you had a C-section, earn a \$10 gift card for having an incision check. Earn a \$50 gift card for attending a postpartum check-up within 3 to 8 weeks after delivery. We'll mail you a rewards form. Have your doctor fill out the form and return it.
All Members	\$20 gift card	Visit a dentist. We'll mail you a rewards form. Have your dentist fill out the form and return it.
Members with Chronic Obstructive Pulmonary Disease (COPD)	\$20 gift card	Get a spirometry test. We'll mail you a rewards form. Have your doctor fill out the form and return it.

Continued...

WHO'S ELIGIBLE

WHAT YOU CAN EARN

WHAT YOU NEED TO DO IN 2015

Members with High Blood Pressure
(ages 18 to 85)

\$20 gift card

Visit your doctor and have a blood pressure reading less than 140/90. We'll mail you a rewards form. Have the doctor fill out the form and return it.

Extra Benefits for ALL Members!

- **Free or Low Cost Over-the-Counter Medicines for cough and cold, vitamins and more!**
- **Free cell phone and text messaging service!**
- **Free resources to help pay for eyeglasses and dental work!**
- **Care for You 24-hour Nurse Advice Line** – get free medical advice anytime!
- **24-hour Crisis/Behavioral Health Hotline (1-855-834-5651)** – to lend an ear if you feel down or have thoughts of suicide.
- **LIFE Program** – learn how to live a healthy life at any age!

Not sure how you can earn rewards or receive some of our extra benefits?
Just call **1-877-903-0082** and ask us how.



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